



PLEINS RAYONS

DARE TO INCLUDE!



YEAR-END SUMMURY

ACHIEVEMENTS

PLAN

ANNUAL REPORT 2018

The following comments were made by the mother of a young participant benefiting from the services at Pleins Rayons. Recent personal account summarized for this Annual Report.

On my first visit, I got a shock.... Under the dark clouds of all of these years of fighting, maliciousness, and superhuman effort, back home, I cried like a baby.... Without really being aware of it, I was letting go.

On our second visit, in my car I felt as though I had to allow it to affect me; not let all those difficult years shatter or cast a shadow on this option being offered to me. We had agreed to a half day. The reception was ample and warm; no promises, no false pretences, no “We are overwhelmed, we are doing what we can....”

Nothing like what is experienced when requesting services from the existing system.

I am a mother, I have lived this, I did it alone and never in 28 years did I feel that I could sleep in peace, that my child was in good hands. Never!

We are only in the very early stages, but I already feel good, calm, and at ease. I firmly believe that Pleins Rayons is a leader, and I sincerely urge you to invest yourself because of what it is.

In recognition of the work carried out all these years, despite the difficulties present, and especially in recognition of the growing needs of all children who, like my son, will be born with the need for endless love and extraordinary patience for the time it takes before the emergence a future in which everyone, with or without a disability, can contribute.

Thank you.

Josée Grenier



PRESIDENT'S MESSAGE

Guy St-Louis

SUCCESS FOR PARTICIPANTS, PRIDE FOR EVERYONE!

My commitment to young people living with an autism spectrum disorder or intellectual disorder dates back several years. My involvement in the organization was quite natural.

The year 2018 was once again marked by major events, like moving premises, the arrival of new participants from the English-speaking community, the development of new activities such as sewing, packaging, and even more woodworking to help each person reach their full potential.

Such a success would not be possible without the passionate involvement of our Director General Stéphane Marcoux, our Director of Administration and Finances Myriam de Coussergues, and all of our volunteers, Board of Directors members, and valued donors.

Your time, talents, and donations will continue to help PLEINS RAYONS grow. Thank you for believing in us; let's pursue our growth together.

Sincerely,

Guy St-Louis



MESSAGE FROM THE DG

Stephan Marcoux

Dare to include!

Another year of progress and success for us all.

Several major partnerships were formed with key players in our community, solidifying a cause I value deeply: social inclusion.

This year we adopted a new slogan: “Dare to include!” It is up to us all to foster inclusion in social and community spheres. Inclusive hiring, which is mobilizing our energy, is advancing; but we must constantly strive for further development and implementation.

A person’s active social role must be taken into account to foster self-improvement, and thus give one's life incomparable meaning.

I would like to thank our team of educators who are so devoted to the cause. As well, our Board of Directors for their expertise, incredible involvement, support, and above all their desire to contribute to progress in terms of social inclusion.

Thank you to all of our participants for their work, great energy, and many smiles. Thanks to the parents for their trust and involvement in our services. I am eager to see where we will be at next year!

One thing is certain, many more people will dare to pursue inclusion, so go and be daring!

Stephan Marcoux

A brief summary of Pleins Rayons



Mission

Pleins Rayons' mission is the positive social inclusion of individuals for whom finding their place in society is a challenge. The organization offers them the opportunity to develop socio-professional skills through social economic projects and through various therapeutic recreation activities.



Vision

The active professional and social inclusion of individuals with an intellectual disability and/or autism spectrum disorder in the Brome-Missisquoi region.

Values

Dignity

Pleins Rayons restores a certain dignity to its clients through projects to which everyone contributes and through which everyone experiences success. Every endeavour undertaken at Pleins Rayons has a direct impact on the community, which enables participants to grow and experience achievements from an individual perspective and through an active social role, meeting one of their needs - recognition.

Excellence

Pleins Rayons is constantly innovating as it seeks to offer quality services and activities. In addition, each project has positive environmental impacts in the region, through recycling matter (bikes, wood, clothing, fabric, metals, etc.), making bird houses to help farmers control destructive insects, and other similar initiatives.

Creativity

Enriching projects are conducive to the development of concrete socio-professional skills. Our approach is to highlight the strengths and learning of each person with the goal of achieving their potential through social inclusion or employment. Creativity is also evident through various offerings to clients, mutual aid, and constructing or restoring articles for the community.

Pleins Rayons in numbers

8 WORK STATIONS

- Bike shop
- Bicycle mechanic workshop
- Metal recycling station
- Woodworking Workshop
- Happy Yak Station
- Sewing workshop
- Orpailleur vineyard
- Clothing collection station

In the year 2018

- More than 80 clients attended Pleins Rayons.
- More than 1500 hours of direct services to clients.
- Nearly 1000 hours provided by our volunteers supporting Pleins Rayons' mission.
- More than 15 municipalities served by the organization's services.
- 1265 subscribers to the organization's Facebook page.

Did you know?

Pleins Rayons' experience has demonstrated that 15% to 20% of people with an intellectual disability or autism spectrum disorder can help meet the lack of labour reported by authorities if they are given assistance beforehand.

There is no waiting list for admission to Pleins Rayons. The desire to invest in oneself and one's community is all it takes.



ACHIEVEMENTS

NEW IN 2018

CHARITABLE ORGANIZATION

Pleins Rayons has been recognized by the Canada Revenue Agency as a charitable organization since August 2018. Obtaining this status was one of the goals that Pleins Rayons hoped to attain by 2020. As a result, the organization can issue official receipts for donations.

WOODWORKING WORKSHOP

Over the past two years, our bird houses have been a great success among farmers. The creation of dwellings for insect-eating birds helps control the presence of harmful insects.

During fall 2018, our clients built bat houses, thus providing farmers with an environmentally friendly means to prevent invasions of destructive insects while reducing the use of pesticides. It is important to note that our participants are responsible for installing and monitoring the occupancy rate of the bird houses.

Our participants have made a number of more sophisticated woodworking articles, ex. cutting boards, wooden puzzles, candle holders, pizza boards, phone mounts, and much more. This enabled Pleins Rayons to participate in Sutton's 2018 Christmas Market to raise funds and highlight the know-how of its beneficiaries.

SEWING WORKSHOP

In October 2018, a sewing workshop was developed under the direction of Claire Citeau, a specialized educator, to teach participants how to repair their clothes. The local community played a major role in this activity through donations of materials and machines, and knowledge transfer by seamstresses from the region. To date, more than 13 projects have been carried out, such as the creation of grocery bags, pouches, oven mitts, key chains, and other articles.

In 2019, used tubes will be converted into bags, purses, and pouches. Another way to reduce waste by recovering and recycling.



ACHIEVEMENTS

NEW IN 2018

READY, WILLING, & ABLE

**READY
WILLING
& ABLE**

Pleins Rayons' Director General Stéphane Marcoux has been trained as an instructor for the national program Ready, Willing, & Able - Building an Inclusive Labour Force. This program promotes the inclusive hiring of individuals with an intellectual disability or autism spectrum disorder by businesses. Pleins Rayons provides job support to employees with a disability during their first month of employment. Support is also offered to the employer to facilitate the future employee's integration and foster their success by focusing on the latter's strengths.

BROME-MISSISQUOI CAMPUS

The Eastern Township School Board, Adult Education Centre, and Pleins Rayons are collaborating to offer a socio-professional integration program and a second social integration program in 2019. These two programs are recognized by the Ministry of Education and enable individuals with a disability to enhance their skills and integrate into the labour market. The learning plan is customized for each student with an intellectual disability or autism spectrum disorder and includes certification.

RECREATIONAL THERAPEUTIC ACTIVITIES

Pleins Rayons aims to foster the full personal development of its clients by diversifying their leisure activities in order to limit their exposure to video games. To do so, Pleins Rayons introduces its participants to stimulating personal development activities. Participants can thus further develop their physical and cardiovascular endurance and their self-esteem within a social network at Pleins Rayons and in the community, thereby incorporating healthy lifestyles. One memorable activity was introducing ice fishing to more than 15 young people.



THE PROGRAM'S IMPACT



"Today, I saw the light. I want to show the entire world that it is possible to make a difference, by anchoring everything in the context of a lack of labour.

Lots of rays of sun..."

Journalist, La Voix de l'Est



"Giving your participants dignity is a wonderful thing to witness!"

Pastoral assistant, Unité des Vignes



"Bravo, Bravo, Bravo! You prevent these people and their families from having to beg for services and from being ineffective in their roles as participating, collaborating, responsible citizens."

Diane Blais



"Thank you again! We are so happy that we found you! We were mesmerized by our visit. You're fantastic! My son is very, very, very happy. I saw it right away, he who has been depressed for a while, you gave him back hope... it's very touching."

"My son grew a whole 5 inches taller this summer in terms of confidence and pride thanks to you. Thank you so very much!"

Mother of an apprentice



À PART ENTIÈRE PRIZE



Winning the À Part Entière prize, awarded by the Minister responsible for Rehabilitation, Youth Protection, Public Health and Healthy Living, topped off the exceptional accomplishments of Pleins Rayons as a non-profit organization. Presented in November 2016 in Quebec's National Assembly, the prize highlights the noteworthy social integration of individuals with a disability, helping to make this province a more inclusive society.

EXCELLENCE AWARDS GALA



At the October 2017 Gala de l'Excellence organized by the Brome-Missisquoi Chamber of Commerce, the award recognizing the non-profit organization with the most remarkable outreach in terms of innovation, vibrancy, and social involvement was attributed to Pleins Rayons for its activities in Brome-Missisquoi.

MAKING THE COMMUNITY SHINE



Since its founding in December 2015, more than 500 bikes was distributed in Quebec free of charged to encourage youth to be more active.

CREATING AWARENESS



Pleins Rayons promote active social inclusion by creating awareness in the community via a variety of events and partnerships.



RADIANT APPRENTICES



BUDGET 2018

The team and Board of Directors at Pleins Rayons rigorously, transparently, and responsibly manage the funds attributed to us by our partners and donors. Operational costs for the year 2018 amounted to \$190 000. Pleins Rayons is proud to report that its projects generate more than 12% of the funding.

Funding

Private donations, Foundation and fundraising

79%

Project-generated income

12%

Grants

9%

Expenditures

Direct services to clients

70%

Administration and equipments

15%

Rental fees

15%

Thanks to the great generosity of a number of donors, a sum of \$113 000 has been secured over the course of three consecutive years enabling the continuity of activities until the organization can obtain public support.

Thanks to the Town of Cowansville, Pleins Rayons is part of the business incubator project launched in March 2018. The organization occupies a 5200 sq. ft. space, and for the first five years, the Town of Cowansville paid part of the rental costs for this space.

2018-2021 PLAN

- Ensure the organization's financial health.
- Become a magnet for the young people targeted by the organization and a referral centre in Brome-Missisquoi by enhancing its presence and its visibility.
- Obtain official recognition and the appropriate legal status from the government authorities involved, notably from the Estrie region's health services and social services.
- Broaden the pool of local businesses adopting inclusive hiring practices.

BOARD OF DIRECTORS AND TEAM

Their work is indispensable to Pleins Rayons' outreach. Their combined efforts are really advancing the social inclusion cause, enabling young adults to fulfil their potential and to have a more promising future.



GUY ST-LOUIS

President



CLAIRE LÉGER

Vice-president



LORRAINE BRISCOE

Treasurer



MICHELINE BROCHU

Secretary



GUY CÔTÉ

Director



JOHANNE GOULET

Director



LINDA LORD

Director



MICHÈLE BAZIN

Director



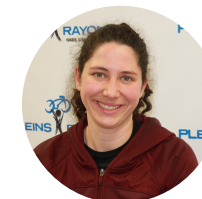
SUZANNE DANDENAULT

Director



STEPHAN MARCOUX

Director general



**MYRIAM DE
COUSSERGUES**

Director of Administration



CLAIRE CITEAU

Special care counselor



CLÉMENT THIBAUT

Woodworking Counselor



SANDY PAGÉ

Animator



ALEXANDRE ALLAIRE

Job coach



Our volunteers, partners, businesses, and donors are key players who help us advance by getting involved through their actions, donations, and financial support. They also become agents of change promoting social inclusion and inclusive hiring.

THANK YOU

VOLUNTEERS

Vincent Polisenio
 Marion Turmine
 Suzanne Dandenault
 Daniel Goettke
 Miles Marcoux
 Benjamin Mackenzie
 Raymonde Dumouchel
 Étienne Morin
 Hélène Lemieux
 Mariève
 Lilianne Marcoux
 Nicholas Houle
 Suzanne Keays
 Vincent Chevalier
 Joel Miette
 Josée Grenier
 Brian Mcdonagh
 Nathalie Ruest

DONORS

Claire Kerrigan,
 Dr. Carolyn L. Kerrigan,
 David S. Greenwood,
 Dr Sydney Duder,
 Martha Hallward,
 Helgi Soutar,
 Lorraine Briscoe,
 Raye Briscoe,
 Groupe St-Louis,
 Alva Foundation,
 Captain Melville Greenshield
 Memorial Funds,
 Fondation de Claire et Jean-Pierre Léger,
 Fondation J.A.Desèves,
 Claire Léger,
 Rita Lanthier,
 Diane Blais.

PARTNERS

Écocenters,
 Brome-Missisquoi Campus,
 Eastern Townships School Board,
 Ready, Willing, & Able,
 Ville de Cowansville,
 Orpailleur Vineyard,
 Dunham House,
 Alarme Supérieur,
 Le Support Foundation,
 Happy Yak, CDEC,
 IGA Daigneault et fils,
 Emploi-Québec,
 Sureté du Québec,
 PR-RP Abercorn, ONEKA,
 Centre National de
 Cyclisme de Bromont



Pleins Rayons



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